TriCity Lung & Sleep Saad S. Ahmad, MD

PULMONARY & SLEEP MEDICINE

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TESTING ORDER FORM

Patient name:	D.O.B
Please send patient demographics and visit note or H&P indicating need for testing	
Primary Insurance: Insurance authorization needed?	
(if yes) Auth #	or service: Verified by (initial)
SLEEP DIAGNOSIS/ INDICATIONS	PULMONARY DIAGNOSIS/ INDICATIONS
Obstructive sleep apnea PLMD/RLS	Shortness of Breath Pulmonary Fibrosis
Central sleep apnea Hypersomnia	COPD Hypoxia
☐ Insomnia ☐ Narcolepsy	AsthmaOther
Sleep Problems (for Sleep Medicne Referrals)	
Excessive daytime sleepiness	Body paralysis triggered by emotions
Loud snoring	☐ Vivid dreams or hallucinations
Witnessed apnea (stop breathing while asleep)	Sleep paralysis
Wake up gasping or choking	☐ Inadequate hours allowed for sleep time
Morning headaches	Restless legs preventing sleep
☐ Trouble falling asleep or maintaining sleep	Feel depressed or anxious
Frequent awakenings	Abnormal movements during sleep
Fall asleep driving or at undesired times	Other:
Past Medical History	
Congestive heart failure History of stroke	Currently uses CPAP/BiPAP
COPD/ lung disease Obesity	Uses supplemental oxygen
High blood pressure Seizure disorder	Special needs:
☐ Cornary artery disease ☐ Depression/bipolar	Other:
Physical Examination	
Height: Weight: BMI:	Neck circumferences in inches:
SLEEP TESTING	PULMONARY TESTING
Office Consultation with sleep specialist physician	Pulmonary Function Testing
Diagnostic Sleep Testing	6 minute Walk Test
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All referrals are reviewed to ensure applicable clinical/ insurance guidelines are followed. Comprehensive follow up offered to all patients	
Physician Name (printed):	Phone:
Physician Signature:	Date: